



Life Groups at Christ Church Guildford

What is the purpose of Life Groups?

⁴² *They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Acts 2⁴²*

At Christ Church we believe that being part of a Life Group is a vital part of our commitment to grow personally and to grow together as a body.

The main aim of Life Groups mirrors that of the church: *to know Christ better, and to make Christ better known*. Meeting on a Sunday morning, in a big group, is especially helpful for teaching, communal worship, for day-to-day communication and to catch up informally after the service. This format is not so helpful when it comes to getting involved in discussion or in personal prayer and reflection. It is also difficult to get to know other people as well as in a smaller group. This is where Life Groups come in: they enable us to build *lasting relationships* with other people through:

- **Studying** scripture together – asking honest questions and digging in deep to God's Word.
- **Worshipping and praying** together for God's work: encompassing the needs of others as well as ourselves.
- **Caring and supporting** one another.
- **Socialising** – having social events or meals together, and inviting others to join in.

Most will meet in homes (and occasionally on-line depending on circumstances of the group).. It is not the location of meetings, but the core activities of study, worship, prayer and fellowship that define a Christ Church LG, along with being a part of the larger Christ Church family and operating under the authority of the church's leadership.

When and where do our small groups meet?

Group leaders	Venue	Times of regular meetings
Ros Barham & Rachel Nicolaou	Guildford	Monday evening, weekly
Hilary Steynor (Women's study group)	Tormead Road	Tuesday morning, weekly, 9.45-11.45am
Pauleen West & Rachel Reeves	London Road	Tuesday afternoon, monthly
Clare Twigger-Ross	Burpham	Tuesday evening, weekly
Michael Tame	Hilgay Close	Tuesday evening, weekly
Jules & Richard King	Guildford	Tuesday evening, weekly
Nick Williams	On-line	Wednesday morning, weekly, 10-11am
Men's Group study	Tormead Road	Sunday evening, 7.30pm – check full programme of events

How do I find out more?

With about 80 people at Christ Church actively involved in a small group, things are constantly on the move. Please contact **Nick Williams**, or our Life Group Coordinator, **Louise Kenyon**, who would love to have a chat about what might work best for you!
kenyonlouise@gmail.com

